



FYRIS  
AIKIDO



ISSHINKAI  
AIKIDOKLUBB



**MARC  
Bachraty  
Sensei 5 Dan**

**Isshinkai Aikido  
UMEÅ**

**Thursday**  
18:30-20:30

**Friday**  
11:30-13:00  
18:30-20:30

**Fyris Aikido  
Uppsala**

**Saturday**  
10:30-13:00  
15:30-17:30

**Sunday**  
18:30-20:30

**Pricing**  
500 SEK Both locations  
400 one location  
200 per class